



SKATES & LADDERS

Skateboarding Team Building Experiences



skatesandladders.com/teambuilding

BREAK FREE FROM THE ORDINARY

GET ROLLING!

AN UNFORGETTABLE TEAM BUILDING EXPERIENCE!

Are you tired of the same old team building exercises that feel more like a chore than an adventure?

It's time to break free from the mundane and embrace the thrill of skateboarding for an unforgettable team building experience!

Skates & Ladders is one of the leading, longest running, skateboard lesson companies in London.

We provide private skateboard lessons, skate clubs, skate parties, school clubs, skate camps, team building experiences and bespoke events.

With over a decade of teaching skateboarding in London, we understand what is important and how to get the best out of everyone who skates with us.

We work hard to create lasting memories that will resonate with your team and foster a sense of accomplishment and camaraderie that extends beyond the skate park.

Our Instructors

We pride ourselves on providing quality tuition with skilled, experienced skateboard professionals for all ages and all levels.

Every instructor is First Aid qualified, Enhanced DBS certified, and trained through our rigorous training program. Years of expert knowledge and a passion for skateboarding makes our instructors the most ideal teachers.

Our instructor training program includes first aid training, teacher training and shadowing lessons, ensuring instructors have the ability to better read people and situations, making sure everyone is safe, confident and having fun.

Equipment

We believe the equipment we use should be at the same high level as our lessons and events, so we have partnered with Birdhouse for complete skateboard set-ups and Triple Eight for pads and helmets.

Ramps and Obstacles

We also have custom built, high-quality, ramps and skateboarding obstacles that we can utilise at any event, so you can enjoy the session using professional level equipment to maximise your skateboarding experience even if you're not at a skatepark!

Quality Equipment

We partner with the best brands in the industry to provide quality skateboards and safety gear for a worry-free experience, so you can focus on the fun!

Safety

Safety is our top priority. All participants will receive proper training and safety gear.

Contact Us

020 8133 5509 or info@skatesandladders.com



Supported by



ELEVATE YOUR TEAM'S DYNAMICS

HOW MUCH AND WHAT HAPPENS ON THE DAY?

Improved Communication

Team building activities require participants to work together and communicate effectively. This can help team members break down communication barriers and learn how to express themselves more clearly. As a result, teams can better understand each other's perspectives and work more cohesively.

Enhanced Collaboration

Team building promotes collaboration among team members, as they must work together to achieve a common goal. This helps individuals understand each other's strengths and weaknesses, making it easier to leverage their collective skills and expertise for the benefit of the team.

Increased Trust

Trust is a fundamental element of effective teamwork. Team building activities can help build trust by allowing team members to get to know each other on a personal level and by providing opportunities to rely on each other when dealing with challenging situations.

Stress Reduction

Team building events provide a break from the daily routine and can be a fun and relaxing way for team members to unwind. Reducing stress can improve morale and overall job satisfaction.

Motivation and Morale

Engaging in enjoyable and challenging team activities can boost team morale and motivation. When team members see that their efforts lead to successful outcomes, they are more likely to feel a sense of accomplishment and pride in their work.

Problem-Solving Skills

Team building activities involve problem-solving tasks. These activities encourage participants to think creatively and work together to find solutions. This can translate to improved problem-solving skills in the workplace.

Enhanced Leadership

Team building events may reveal natural leaders within the team. These events provide an opportunity for individuals to take on leadership roles and demonstrate their abilities, helping organisations identify potential leaders for future projects.

Increased Productivity

When team members work together more effectively, it often leads to increased productivity. Improved communication and collaboration can streamline processes and reduce wasted time and resources.

Adaptability Training

Skateboarding teaches adaptability, a crucial skill in fast-paced work environments. Learn to adjust and thrive in unexpected situations, fostering a resilient team spirit.

Embrace Challenges

Conquer fears and boost confidence as you master new skills. Face challenges head-on and witness the power of perseverance.

Encourage Inclusivity

Skateboarding is for everyone, regardless of age or fitness level. Create an inclusive environment that celebrates diversity within your team.

Employee Engagement

Team building events can make employees feel more engaged with their work and the organisation. Engaged employees tend to be more loyal and satisfied, leading to reduced turnover and better performance.

Building a Stronger Team Culture

Participating in team building events helps create a sense of unity and shared identity among team members. A strong team culture can lead to better alignment with the organisation's goals and values

Up to 10 People

2 hours, 1 Instructor

£325

Up to 20 People

2 hours, 2 Instructors

£650

Custom

Bespoke Package

Contact Us

Introduction and Padding Up

All participants are gathered and we introduce the program, discuss safety rules and provide safety gear (helmets, pads) to all participants.

Let's Break the Ice!

Introduction to break the ice and get everyone relaxed, excited and play an icebreaker game to get all participants ready to skate!

Skateboarding Basics

Participants will be taught the basics of skateboarding, including balance, stance and turning and stationary tricks and moves to encourage self/group assessment and problem solving.

Team Formation

Divide participants into pairs and go through stationary tricks with one person supporting the other.

Skateboard Obstacle Course

Skate an obstacle course with cones, chalk and other skate park features where teams will take turns navigating the course on their skateboards to encourage communication and support within the teams to complete the course successfully.

Skateboarding Challenges

A series of skateboarding challenges such as mini-races, tricks, and stunts where teams will compete against each other while helping and encouraging their teammates.

Trust-building Exercises

Introduce trust-building exercises like trust falls. These exercises will strengthen trust and teamwork within the teams.

Debrief and Reflection

Gather all participants for a debriefing session and discuss the challenges faced during the day and how teamwork and communication played a role in overcoming them and encourage participants to share their experiences and insights.

Team Building Workshop

Conduct a team building workshop that helps participants translate their skateboarding experiences into workplace scenarios and discuss the importance of effective communication, trust, and collaboration in achieving team goals. Here we recognise outstanding teamwork, improvement and effort.

Open Skate

Allow participants to enjoy free skateboarding time to apply the skills they've learned throughout the day.

Closing Words

We thank participants for their involvement and enthusiasm and highlight the importance of carrying the lessons learned from the skateboarding experience into their professional lives. This should be an enjoyable experience that helps the team develop essential skills like communication, trust, problem-solving and collaboration.

